

**Contact For Postal Life Insurance/ Rural Postal Insurance**

S. No.	Designation	STD Code	Office Contact No.
1	ADM (PLI) Circle Office Bhopal	0755	2550603
2	Group Leader Bhopal		07587598218
3	Group Leader Jabalpur		09301667559
4	Group Leader Gwalior		09039306603
5	Group Leader Indore		07587598453
6	SSPOs Bhopal	0755	2673234
7	Postmaster C.T.T.Nagar HO	0755	2673231
8	Postmaster BHEL HO	0755	2673244
9	Sr. Postmaster Bhopal GPO	0755	2673272
10	SSPO's Balaghat	07632	240797
11	Postmaster, Balaghat HO	07632	241182
12	Postmaster, Seoni HO	07692	220292
13	Postmaster, Mandla HO	07645	250796
14	SPOs Chhatarpur	07682	241120
15	Postmaster Chhatarpur	07682	246161
16	Postmaster Tikamgarh HO	07683	242402
17	SPOs Chhindwara	07162	230867
18	Postmaster, Chhindwara HO	07162	247892
19	Postmaster, Betul HO	07141	231491
20	SSPOs Hoshangabad	07574	252916
21	Postmaster Hoshangabad HO	07574	252398
22	Postmaster Narsinghpur HO	07792	230604
23	SPOs Rewa	07662	242103
24	Postmaster Rewa HO	07662	256851
25	Postmaster Satna HO	07672	230351
26	SSPOs Sagar	07582	222670
27	Postmaster Sagar Cantt	07582	222547
28	Postmaster Damoh HO	07812	222106
29	SPOs Shahdol	07652	245259
30	Postmaster Shahdol	07652	240022
31	Postmaster Sidhi	07822	252202
32	SPOs Vidisha	07592	232969
33	Postmaster Vidisha	07592	232022
34	Postmaster Raisen	07482	222072
35	SPOS Morena	07532	223140
36	Postmaster Morena HO	07532	226305
37	Postmaster Bhind HO	07534	230122
38	SPOs Guna	07542	253047
39	Postmaster Ashoknagar H.O.	7543	222726
40	Postmaster Guna HO	07542	255212
41	Postmaster Shivpuri HO	07492	232913
42	SPOS Gwalior	0751	2462870
43	Postmaster Lashkar HO	0751	2443150
44	Postmaster Morar HO	0751	2443172

S. No.	Designation	STD Code	Office Contact No.
45	SPOs Indore City	0731	2531173
46	Postmaster Indore GPO	0731	2700023
47	Postmaster Nagar HO	0731	2535813
48	SPOs Indore MFL.	0731	2702840
49	Postmaster Dhar HO	07292	222350
50	Postmaster Dewas HO	07272	223002
51	SSPOs Jabalpur	0761	2678363
52	Postmaster Jabalpur	0761	2626350
53	Postmaster Katni HO	07622	230465
54	SPOs Khandwa	0733	2249547
55	Postmaster Khnadwa HO	0733	2222352
56	Postmaster Khargone HO	07282	231312
57	SPOs Ujjain	0734	2530756
58	Postmaster Ujjain HO	0734	2551024
59	Postmaster Shajapur	07364	226471
60	SPOs Mandsaur Dn.	07422	222787
61	Postmaster Mandsaur HO	07422	242279
62	Postmaster Neemuch HO	07423	223050
63	SPOs Ratlam	07412	234810
64	Postmaster Ratlam HO	07412	236209
65	Postmaster Jhabua HO	07392	243903
66	SPOs Sehore	07562	224302
67	Postmaster Sehore HO	07562	224294
68	Postmaster Rajgarh HO	07372	255042